

December 21, 2025

Letter of Invitation

To All Dojo Owners and Instructors,

**Invitation to the 2026 J-1 Toki Cup International Karate Exchange Tournament**  
(The 3rd IBKO World Cup Selection Tournament)

Dear Sir/Madam,

As the year draws to a close, we hope this letter finds you in good health and spirits.

We are pleased to announce the upcoming 2026 J-1 Toki Cup International Karate Exchange Tournament.

While this tournament has traditionally been held in July, considering the impact of recent extreme heat and out of consideration for the health of participants, we have changed the date to April.

Furthermore, this tournament serves as qualification for the 3rd IBKO World Cup, scheduled for Sunday, November 22 and Monday, November 23 (a national holiday) in 2026.

Please find attached the tournament guidelines and application forms for your review.

We kindly request your cooperation.

Details

Date: Sunday, April 12, 2026

Event Name: 2026 J-1 Toki Cup International Karate Exchange Tournament

Venue: Niigata City Toyano Sogo Gymnasium

Address: 2-3-46 Kandoji-minami, Chuo-ku, Niigata-shi, Niigata

Telephone: +81-25-241-4600

Sincerely,

Shunsuke Kimura

Shin Kokusai Karate Kenpodo Shieijyuku

J-1 Tournament Executive Committee Chairman

**2026 J-1 Toki CUP Karatedo International Exchange Tournament**

**Guidelines**

Hosted by: J-1 Tournament Executive Committee

Schedule: Sunday, April 12, 2026

Weigh-in for kumite division on the day before the tournament: April 11, 2026 (Sat) 18:00-19:00

at the tournament registration booth at Toryano Sogo Gymnasium.

(Weigh-ins on the day of the tournament will be held at each court during the following time for **registration**)

Registration: 8:00-8:40      Kumite division matches start: 9:00

Kata division matches start: 13:00 (scheduled, to start as soon as kumite division finishes)

Venue: Niigata City Toyano Sogo Gymnasium 2-3-46 Kandoji Minami, Chuo-ku, Niigata City      Tel: 025-241-4600

Participation Fee : Kumite division: ¥7,000    Kata division: ¥7,000

Prizes: Certificates and medals will be awarded for each class.

Applications: must arrive at the tournament office by registered mail by February 7, 2026 (Sat).

Match Format: (1) Kumite (International Karatedo Federation rules)\*    \*IBKO All Japan Tournament

(2) Kata (Flag Decision Tournament Format) \*\*    \*\*Kata matches are not a selection tournament.

(3) For details of kumite rules, please refer to the attached list of rules.

Qualification of Participants:

(1) Please refer to the application form for each category.

Please make sure to enter the correct height and weight for the new grade. Participants who do not list their height and weight will be entered in the heaviest weight class.

(2) The winner of each kumite division for elementary school students and above (total of three) will be qualified for the 3rd World Cup hosted by IBKO on November 22 (Sun.) and 23 (Mon./Holiday), 2026. (The qualification will be passed down to the next highest-ranked athlete if the winner has already qualified.)

Gear for class matches:

	Head Guard	Fist Supporter /P-Glove	Leg Guard	Knee Supporter	Foul Cup	Women's Chest Guard
Elementary School Students	Face Shield <input type="radio"/>	Fist Supporter <input type="radio"/>	<input type="radio"/>	3rd-Grade Students and above <input type="radio"/>	<input type="radio"/>	3rd-Grade Students and above <input type="radio"/>
Junior HS	Face Shield <input type="radio"/>	P-Glove <input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Senior HS	No Face Shield, Optional	P-Glove <input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

All protective gear must be prepared by each participant.

All participants must wear foul cups and under guards inside their pants.

With your new  
school grade

★Women's chest guard must be made of the following or equivalent material and shape.

IBKO	Defense Chester	
Marshal World	CG 3 2	
ISAMI	L-711	TT-28

The use of women's chest guards is prohibited for children under 2nd grade.

★Taping is only permitted after being checked by the tournament doctor (first- aider). Hard tape is not allowed.

**Others:** ① The tournament will be televised on BSN Niigata Broadcasting Network for one hour.

(The air date will be announced on the website at a later date.)

② There will be no lunch for the participants on the day of the event. Please bring your own lunch.

Also please take your trash home. We appreciate for your cooperation.

③ Depending on the number of participants, the ranks may be combined or eliminated.

We will notify you in that case.

Please consult with your instructors regarding the category, belt, rank, and prize-winning record of the class in which you are competing.

J-1 Tournament Secretariat : 1-2-50 Akiba, Higashi-ku, Niigata 950-0054 TEL 025-270-5005 FAX 025-278-7100

# 2026J-1 TOKI CUP (KATA)

I hereby agree to the rules and regulations of this tournament and pledge to complete fairly and honorably.

I acknowledge and pledge that I and my guardian shall bear full responsibility for any accidents, injuries, theft, etc., occurring during matches or on/off the premises and shall not file any objections, complaints, or claims for damages against the organizers.

Note: Participation in this tournament requires mandatory enrollment in sports insurance through your affiliated organization.

In the event of injury, please have your affiliated organization handle the matter.

Kat

Dojo Name	Guardian Signature		(EN)			
Furigana Name of Participant	Male/Female	Enter New School Year	Kindergarten grade	• Elementary school ( )	Junior high school ( )	year
Address	Emergency Contact	Date of Birth / Age: Year Month Day (Age)				
Postal Code						
Years of training and rank will be used as reference for matching, so please be sure to fill them in. ⇒		Years of Training	year(s)	Rank	Kyu/Dan	
Tournament Awards (Please list the highest-ranked tournament within the past year.)						
Tournament Date:	Organizer / Tournament Name:	Class:		Ranking:		
Check <input checked="" type="checkbox"/> for the class you entered and write your weight class in the entry field.						
Kata category (Kyokushin Kata) <input checked="" type="checkbox"/> Entries are for the new school year.						
<input type="checkbox"/> Elementary School 1-2 Grades Pin'an 1	<input type="checkbox"/> Elementary School 3-4 Grades Pin'an 2	<input type="checkbox"/> Elementary School 5-6 Grades Pin'an 3	<input type="checkbox"/> Junior High School Pin'an 4			
Kata Category (Shieijuku Kata) <input checked="" type="checkbox"/> Entries are for the new school year.						
<input type="checkbox"/> Kindergarten Kihonkei No.1 (with command)	<input type="checkbox"/> Elementary School 1-2 Grades Kihonkei No.1	<input type="checkbox"/> Elementary School Grades 3-4 Kihonkei No.2	<input type="checkbox"/> Elementary School Grades 5-6 Kihonkei No.3	<input type="checkbox"/> Junior High School Kihonkei No.4		
Enter competition category	You must enter the category you will be competing.					

All participants must complete the following questionnaire by entering  in the ( ).

If your class is a single match (only 2 entries registered), ( ) I wish to participate ( ) I do not wish to participate

Classes may be subdivided or consolidated based on participant numbers.

Wins and losses will be determined by flag decisions. Judgment criteria will be based on a comprehensive assessment including the completeness of kata and the accuracy of techniques.

Enter your NEW school year grade. Before submitting, please be sure to confirm your grade level and the class you will be competing in. Entering the wrong class will result in disqualification.

I hereby agree to the rules and regulations of this tournament and pledge to compete fairly and honorably.

I acknowledge and pledge that I and my guardian shall bear full responsibility for any accidents, injuries, theft, etc., occurring during matches or on/off the premises and shall not file any objections, complaints, or claims for damages against the organizers.

Note: Participation in this tournament requires mandatory enrollment in sports insurance through your affiliated organization.

In the event of injury, please have your affiliated organization handle the matter.

**Kumit**

Dojo Name				Guardian Signature	(EP)			
Furigana				Male/Female	Enter new school year level	Kindergarten Younger/ Middle/Older /Elementary ( ) Grade		
Name of Participant					Junior High( ) Year / High school( ) Year / General			
Address	Postal code			For Junior high school and above, "Under (-)" will be determined based on full age as of November 23, 2026.				
Height	cm	Weight	kg	Emergency Contact	Date of Birth / Age: Year Month Day / Age			
				Years of Training	years		Rank	Kyu/Dan

**Tournament Awards (Please list the highest-ranked tournament within the past year.)**

Tournament Date      Organizer / Tournament Name:      Class:      Ranking:

Check  for the class and enter the category you will be competing in. \*Entries are for the new school year.

Classes eligible for representative selection are marked with ★. Elementary Beginner and Intermediate classes are co-ed.

<input type="checkbox"/> Kindergarten Younger and Middle	<input type="checkbox"/> Kindergarten Older Beginner	<input type="checkbox"/> Kindergarten Older Advanced			
<input type="checkbox"/> Grade 1 Beginner	<input type="checkbox"/> Grade 1 Intermediate	<input type="checkbox"/> Grade 1 Girls Advanced	<input type="checkbox"/> Grade 1 Boys Advanced		
<input type="checkbox"/> Grade 2 Beginner	<input type="checkbox"/> Grade 2 Intermediate	<input type="checkbox"/> Grade 2 Girls Advanced	<input type="checkbox"/> Grade 2 Boys Advanced		
<input type="checkbox"/> Grade 3 Beginner	<input type="checkbox"/> Grade 3 Intermediate	<input type="checkbox"/> Grade 3 Girls Advanced	<input type="checkbox"/> Grade 3 Boys Advanced		
<input type="checkbox"/> Grade 4 Beginner	<input type="checkbox"/> Grade 4 Intermediate	<input type="checkbox"/> Grade 4 Girls Advanced	<input type="checkbox"/> Grade 4 Boys Advanced		
<input type="checkbox"/> Grade 5 Beginner	<input type="checkbox"/> Grade 5 Intermediate	<input type="checkbox"/> ★Grade 5 Girls Advanced - 38kg	<input type="checkbox"/> ★Grade 5 Advanced + 38kg		
		<input type="checkbox"/> ★Grade 5 Boys Advanced - 38kg	<input type="checkbox"/> ★Grade 5 Boys Advanced + 38kg		
<input type="checkbox"/> Grade 6 Beginner	<input type="checkbox"/> Grade 6 Intermediate	<input type="checkbox"/> ★Grade 6 Girls Advanced - 43kg	<input type="checkbox"/> ★Grade 6 Advanced + 43kg		
		<input type="checkbox"/> ★Grade 6 Boys Advanced - 43kg	<input type="checkbox"/> ★Grade 6 Advanced + 43kg		

For Junior high school and above, "Under (-)" will be determined based on full age as of November 23, 2026.

Under 13 (\*Boys only: 7th graders & 10th graders aged 15) (8th graders may also compete in Under 15)  
Under 15 (8th graders aged 14, 9th graders & 10th graders aged 15) (Girls: 7th graders to 10th graders aged 15)

Under 18 (High school students aged 16 and above & athletes aged 18 who have graduated high school) (High school 1st year students may also compete in Under 18).

<input type="checkbox"/> Junior high Girls Beginner	<input type="checkbox"/> ★Under 15 Girls -45kg	<input type="checkbox"/> ★Under 15 Girls -52kg	<input type="checkbox"/> ★Under 15 Girls +52kg	
	<input type="checkbox"/> ★Under 18 Girls -48kg	<input type="checkbox"/> ★Under 18 Girls -55kg	<input type="checkbox"/> ★Under 18 Girls +55kg	
<input type="checkbox"/> Junior high Boys Beginner	<input type="checkbox"/> ★Under 13 Boys -48kg	<input type="checkbox"/> ★Under 13 Boys +48kg		
	<input type="checkbox"/> ★Under 15 Boys -54kg	<input type="checkbox"/> ★Under 15 Boys -68kg	<input type="checkbox"/> ★Under 15 Boys +68kg	
	<input type="checkbox"/> ★Under 18 Boys -62kg	<input type="checkbox"/> ★Under 18 Boys -70kg	<input type="checkbox"/> ★Under 18 Boys +70kg	
	<input type="checkbox"/> ★Women -48kg	<input type="checkbox"/> ★Women -55kg	<input type="checkbox"/> ★Women +55kg	
	<input type="checkbox"/> ★Men -68kg	<input type="checkbox"/> ★Men -78kg	<input type="checkbox"/> ★Men +78kg	

Enter Competition Weight Class

\*1. You must enter your competition weight class. \*2. Qualification for the All-Japan Championships is based on the entered weight class. Changing to another class is not permitted.

All participants must complete the following questionnaire.

If your class is a single match (only 2 entries registered),  I wish to participate  I do not wish to participate

Participants in the Elementary/ Junior High/ High School Advanced and Men/Women divisions must complete the following questionnaire and provide a signature.

If you qualify for the 3rd World Cup,  I wish to participate  I do not wish to participate Parent/ Guardian's Signature

If only one participant enters, no refund will be issued.  I agree.  I disagree.

\*If only one participant enters, refunds will be issued to those who select "Do not wish to participate" or "Wish to participate & disagree to no refund." However, you will not be eligible for World Cup representative selection.

\* Classes may be subdivided or consolidated based on participant numbers.

\* Participants entered in the advanced levels will not receive a refund even if the match is canceled due to only one entry (as there is a recommendation for national team selection). Please indicate "I agree" in the survey section.

# **Kumite Competition Rules (International Karatedo Federation Rules - Elementary School Level - For World Championships/All Japan Championships/Selection Events)**

Revised November 12, 2023

1. Referee Standards: The Panel of Referees and the Review Penal shall have equal authority in judging the competition. However, all final decisions regarding the competition shall be subject to the approval of the Chief Referee (*Shinpancho*). Calls such as *ippon*, *waza-ari*, *hansoku*, *jo-gai*, or *hantei* require the judgment of at least three of the five referees to be valid. Judgments by two or fewer referees, or by the Chief Referee alone, are not valid. However, each of the five referees has the right to raise objections and discuss them. The standard match duration is as follows. However, if deemed necessary, the Chief Referee may, at their discretion, set a new time limit. The tournament schedule will be followed as closely as possible. However, in unavoidable circumstances, the Chief Referee may instruct changes after consultation with the Review Penal..

2. Match Duration: ① Semifinals and earlier : Main Bout (1:30) → Extension (1:00, Must-Decision) ② Finals: Main Bout (1:30) → Extension (1:00) → Final Extension (1:00, Must-Decision).

3. Protective Gear: Class | Head Guard | Knuckle Support | P Gloves | Shin | Knee | Groin Guard/Women's Underguard | Women's Chest Guard || Elementary School and Below | ○ | ○ | × | ○ | 3+ Years ○ | ○ | 3+ Years ○ ||

\* All protective gear must be prepared by each participant. All protective gear must be made of white cloth.

\* Headguards must meet the following conditions; no restrictions on manufacturer or logo (e.g., Kyokushin, JKJO). The body of the gear must be white, made of sponge-filled vinyl leather or similar material, and include a face shield. Face shield shape, color, and material are unrestricted. Isami TT-25, TT-300, Martial World HG-17, and other manufacturers' models are acceptable. A red ribbon for the red (*Aka*) side must also be prepared as part of the set.

\* Fist protectors: must bear the Kyokushin, Shieijuku, or JKJO logo. If using identical-shaped products from Isami or Martial World, approval from the Chief Referee must be obtained on the day of the tournament. Refer to the separate document "Kumite Protective Gear Guide" for details.

\* Knee Guards: Mandatory for 3rd grade and above. Girls' Chest Guards: Prohibited for 2nd grade and below; mandatory for 3rd grade and above.

\* All competitors must wear groin guards or girls' underguards. These must be worn inside the pants.

\* Girls' chest guards must be IBKO Defense Chester, Martial World CG32, Isami L-711, TT-28, or equivalent in material and shape. Guards covering the entire torso are prohibited.

\* Girls' inner T-shirts must be white only.

\* Only taping approved by the tournament doctor (medical staff) is permitted. Hard tape is prohibited.

4. **Karate-gi:** Wear a clean karate gi and affix the bib number to the center of the back.
5. **Winning by *Ippon*:** ① Instantly landing a punch, kick, etc. to a valid target area (excluding the foul zone), causing damage that knocks the opponent down, or causing damage that makes the opponent cry or lose the will to fight. ② Accumulating two *waza-ari* results in an *ippon-gachi* (winning by ippon).
6. ***Waza-ari*** :① Instantly landing a punch, kick, etc., to a valid target area (excluding the foul zone), causing the opponent to temporarily stop moving, become significantly unbalanced, adopt a crouched defensive posture, or begin dragging their feet. ② Landing an unblocked *jodan* knee kick to an unguarded opponent (however, *jodan* knee kicks are prohibited for elementary school students and younger). ③ When a *mae-geri* front kick, *gedan-geri* low kick, *ashi-kake* leg sweep, etc., cleanly knocks the opponent down, and a *gedan-tsuki* low punch is instantly and perfectly timed. Referees may award a point even without the *gedan-tsuki*. ④ When a *gedan-tsuki* is instantly and perfectly timed after evading a *do-mawashi-kaiten-geri*. ⑤ If kicks land on both fighters at exactly the same moment, it is considered a simultaneous hit, and neither is awarded a point.
7. ***Hantei* (Decision):** When there is no *ippon-gachi* or *shikkaku* (disqualification), the decision is made by a majority vote of the referees (Chief and Assistant referees). The priority order for decision-making is: ① *Waza-ari* ② Damage ③ Effective strike ④ Aggressiveness. However, if a *chu-i* warning has been issued, the decision follows the separate table “Criteria of the Decision (Illustrated)”. If no decision is reached, an overtime period is held. If overtime also ends without a decision, a final overtime period (only in the final bout) is held to determine the winner.
8. ***Hansoku* (Fouls)** ① Striking the face, neck, or throat with hands or elbows. ② Kicking the groin or headbutting. ③ *Jo-dan hiza-geri* strikes. (*Chu-i* given if landed). ④ Striking a fallen opponent. ⑤ Striking from behind. ⑥ Intentional *jo-gai* (stepping out of bounds), ⑦ *Sho-tei oshi* palm push, *sho-ken oshi* fist push, grabbing, throwing, *tegake* (hand hooking) and clinching. ⑧ Attacks with the head or chest leaning against the opponent. ⑨ Attack and escape (e.g., kicking and immediately falling to avoid a counterattack). ⑩ Dangerous, sacrificing kicks (like *kaiten-do-mawashi-geri* kicks) and the like are limited to one per bout segment (once in the main bout, once in each extension). Repeating this beyond the limit is considered a foul. ⑪ Unnecessarily leaning into the opponent to nullify their technique. ⑫ Any other action deemed a *hansoku* by the referee. ⑬ Fouls result in *chu-i* warnings; four *chu-i* lead to disqualification. *Chu-i* is given to the initiator of the foul. ⑭ Malicious *hansoku* (fouls) may result in *shikkaku* after just one occurrence.
9. ***Genten* (Penalties) :** ① When two *chu-i* are issued. ② When committing a malicious *hansoku*. ③ When deemed to have a malicious attitude by the referee's judgment. ④ Two *genten* (penalties) result in *shikkaku* (disqualification).
10. ***Shikkaku* (Disqualification)** ① When two *genten* (penalties) are incurred. ② When a competitor fails to follow the referee's instructions and is deemed to have a malicious attitude during the match. “War cries,” “victory poses,” or cheering phrases like “That hit him!” or “Take him down!” directed at the opponent may result in *shikkaku*. ③ When vomiting occurs during the match (before the referee signals the end of the match). ④ When arriving late for the match or failing to appear. ⑤ *Shikkaku* may also occur for malicious spectator behavior. ⑥ When exceeding the specified weight at the day's weigh-in. (Disqualified if

exceeding by 2kg or more while wearing karate gi) ⑦ A difference of 5kg or more between declared weight and actual weigh-in weight may also result in *shikkaku*. ⑧ When an opponent becomes unable to continue the match due to a *hansoku*.

11. Other: No protests against judging decisions will be accepted.

# **Kumite Competition Rules (International Karatedo Federation Rules - Junior High School to General / World Championships / All Japan Championships / Selection Events)**

Revised November 12, 2023

**1. Referee Standards:** The Panel of Referees and the Review Penal shall have equal authority in judging the competition. However, all final decisions regarding the competition shall be subject to the approval of the Chief Referee. Calls such as *ippon*, *waza-ari*, *hansoku*, *jo-gai*, or *hantei* require the judgment of at least three of the five referees to be valid. Judgments by two or fewer referees, or by the Chief Referee alone, are not valid. However, each of the five referees has the right to raise objections and discuss them. The standard match duration is as follows. However, if deemed necessary, the Chief Referee may, at their discretion, set a new time limit. The tournament schedule will be followed as closely as possible. However, in unavoidable circumstances, the Chief Referee may instruct changes after consultation with the Review Penal.

## **2. Match Duration**

① Men's Division: Main Bout: 2 min → Extension: 2 min → Final: 2 min

(Semifinals/Finals): Main Bout: 3 min → Extension: 2 min → Final: 2 min

② Women's Division, U18, U15: Main Bout: 2 min → Final: 2 min

(Semifinals/Finals): Main Bout 2 min → Extension 2 min → Final 2 min

③ All Other Categories: Main Bout 1 min 30 sec → Final 1 min 30 sec

(Semifinals/Finals): Main Bout 1 min 30 sec → Extension 1 min 30 sec → Final 1 min

\*There is no weight decision. The final extension bout determines the winner.

## **3. Protective Gear:**

Class | Headguard | Knuckle Support | P Gloves | Shin | Knee | Groin Guard/Women's Underguard | Women's Chest Guard |

General Men | × | × | × | × | × | ○ | × |

General/U18 Women | Optional (No Face shield) | × | ○ | ○ | Optional | ○ | ○ |

U18 Men | Optional (No Face shield) | × | ○ | ○ | Optional | ○ | × |

U15 Men | ○ (with face shield) | × | ○ | ○ | Optional | ○ | × |

U15 Women | ○ (with face shield) | × | ○ | ○ | Optional | ○ | ○ |

Masters | × | × | ○ | ○ | Optional | ○ | × |

\* All protective gear must be prepared by each participant. All gear except P-gloves must be made of white cloth.

\* Headguards must meet the following conditions; no restrictions on manufacturer or logo (e.g., Kyokushin or JKJO). The body must be white, made of sponge-filled vinyl leather or similar material, and must have a face shield attached or be designed for being detachable. Faceplate shape, color, and material are unrestricted. Isami TT-25, TT-300, Martial World HG-17, or other manufacturers' models are acceptable. A red ribbon for the *aka* (red) side must also be prepared as part of the set.

\* P Gloves must be open-finger gloves with a Kyokushin tag (black leather) or the identical model PG36 with a Marshall World tag. Those wishing to purchase in advance should contact the tournament office.

\* Groin guards and underguards must be worn inside the pants.

\* Women's chest guards must be IBKO Defense Chester, Marshall World CG32, Isami L-711, TT-28, or equivalent in material and shape. Guards covering the entire torso are prohibited.

\* Women's' inner T-shirts must be white only.

\* Only taping approved by the tournament doctor (medical staff) is permitted. Hard tape is prohibited.

4. *Karate-gi*: Wear a clean karate uniform and affix the bib number to the center of the back.

5. Winning by *Ippon*: *Ippon-gachi* winning by ippon is scored when a *tsuki*, *keri*, *hijiuchi*, etc., lands instantaneously on a valid target area (excluding the foul zone), causing the opponent to be down for 3 seconds or more, or to lose fighting spirit. Accumulating two *waza-ari* results in an *Ippon-gachi* (winning by ippon).

6. *Wazai-ari* (Point) ① A *tsuki*, *keri*, *hijiuchi*, etc., landing cleanly on a valid target area causes the opponent to temporarily go down or lose fighting spirit. If the opponent stands within 3 seconds or is not knocked down but loses balance significantly, it is a *waza-ari*. For all weight classes except General Men, a clean kick landing on an unguarded opponent also counts as *waza-ari*. *Jodan-hiza-geri* kicks are valid in all weight classes. ② When a *mae-geri* kick, *gedan-geri* kick, or *ashi-gake* sweep cleanly knocks the opponent down, followed by an instantly timed *gedan-tsuki* punch. ③ When a *gedan-tsuki* is instantly timed and landed after evading a *do-mawashi-kaiten-geri* kick.

7. *Hantei* (Decision): When there is no *ippon-gachi* or *shikkaku* (disqualification), the decision is made by a majority vote of the referees (chief and assistant referees). The priority order for decision-making is: ① *Waza-ari* ② Damage ③ Effective strike ④ Aggressiveness. However, if a *chu-i* warning has been issued, the decision follows the separate table "Criteria of the Decision (Illustrated)". If no decision is reached, an extension is held. If still undecided, a final extension bout determines the winner.

8. *Hansoku* (Fouls) ① Striking the face, neck, or throat with hands or elbows. Contact with fingertips may also be penalized. ② Kicks to the groin, headbutts. ③ Striking a fallen opponent. ④ Striking from behind. ⑤ Intentional *jo-gai* (stepping out of bounds). ⑥ *Sho-tei oshi* palm push, *sho-ken oshi* fist push, grabbing, throwing, *tegake* (hand hooking) and clinching. ⑦ Attack and escape (e.g., kicking and immediately falling

to prevent counterattack). ⑧ Dangerous, sacrificing kicks (like *kaiten-do-mawashi-geri* kicks) and the like are limited to one per bout segment (once in the main bout, once in each extension). Repeating this beyond the limit is considered a foul. ⑨ Unnecessarily leaning into the opponent to nullify their technique. ⑩ Any other action deemed a *hansoku* by the referee. ⑪ Fouls result in *chu-i* warnings; four *chu-i* lead to *shikkaku* (disqualification). *Chu-i* is given to the initiator of the foul. ⑫ Malicious *hansoku* (fouls) may result in *shikkaku* after just one occurrence.

9. *Genten* (Penalties): ① When two *chu-i* are issued. ② When committing a malicious foul. ③ When deemed to have a malicious attitude by the referee's judgment. ④ Two *genten* (penalties) result in *shikkaku* (disqualification).

10. *Shikkaku* (Disqualification): ① When two *genten* point deductions are incurred. ② When a competitor fails to follow the referee's instructions and is deemed to have a malicious attitude toward the match. "War cries," "victory poses," or cheering phrases directed at the opponent such as "That hit him!" or "Take him down!" may result in disqualification. ③ When vomiting occurs during the match (before the referee signals the end of the match). ④ Shikkaku may also occur for malicious spectator behavior. ⑤ When exceeding the specified weight at the day's weigh-in. (Disqualified if exceeding by 2kg or more while wearing karate gi) ⑥ A difference of 5kg or more between declared weight and actual weigh-in weight may also result in disqualification. ⑦ When an opponent becomes unable to continue the match due to a foul.

11. Other: No protests against decisions will be accepted.

## **IBKO World Championships / All Japan Championships / Selection Tournament Kumite Protective Gear Guide**

Use white protective gear except P gloves.

### Mandatory Gear

Head Guard: (Photos)

No manufacturer or logo (Kyokushin, JKJO) restrictions if meeting below conditions: Body must be white, made of sponge-filled vinyl leather or similar material, with face shield attached or detachable. Face shield shape/color/material unrestricted. Isami TT-25, TT-300, Martial World HG-17, and other manufacturers' products are acceptable. A red ribbon for the *aka* (red) side must also be prepared as part of the set.

All 4 types are usable.

Knuckle Support: Must bear the Kyokushin, JKJO, or Shieijyuku logo, or be an identical model manufactured by Isami or Marshall World (requires Chief Referee's approval mark).

P-Glove: Open-finger glove bearing the Kyokushin logo, or an identical model bearing the Marshall World tag (PG36). Use of JKJO-specified white leather gloves is prohibited.

### Recommended Gear

Women's Underguard: (Photo)

Women's chest guard: Cup material must not be hard plastic. Items covering ribs or solar plexus are prohibited.

TABLE 1

Class	Headguard	Knuckle Support	P-Glove	Shin	Knee	Groin	Women's Underguard	Women's Chest Guard
-------	-----------	-----------------	---------	------	------	-------	--------------------	---------------------

Elementary School and Below | ○ | ○ | × | ○ | 3+ years ○ | ○ | 3+ years ○ |

TABLE 2

Class	Headguard	Knuckle Support	P-Glove	Shin	Knee	Groin	Women's Underguard	Women's Chest Guard
-------	-----------	-----------------	---------	------	------	-------	--------------------	---------------------

General Men | × | × | × | × | × | ○ | × |

U18/General Women | Optional (no face shield) | × | ○ | ○ | Optional | ○ | ○ |

U18 Boys | Optional (no face shield) | × | ○ | ○ | Optional | ○ | × |

U15 Boys | ○ (with face shield) | × | ○ | ○ | Optional | ○ | × |

U15 Girls | ○ (with face shield) | × | ○ | ○ | Optional | ○ | ○ |

Masters | × | × | ○ | ○ | Optional | ○ | × |

「審判判定基準(図解)」

by IBKO, Rules of Kyokushin Kumite Competition, pdf ( 6ページ目[Criteria of the Decision]を参照のこと)

Niigata-City Toyano Sogo Gymnasium

[MAP](#)

2-3-46 Minami-Kandoji, Chuo-ku, Niigata-shi, Niigata

Telephone:+81-25-241-4600

**Entry Form Summary Sheet**

(Please submit this sheet along with the Tournament Entry Form)

Name of Organization		Contact Person	
Participation Fee	Kumite Competition 7,000 yen x = yen		
	Kata Competition 7,000 yen x = yen	Total Amount	yen

Please send this sheet to:

**J-1 Tournament Executive Committee**  
1-2-50 Akiba, Higashi-ku, Niigata-shi, Niigata 950-0054  
Telephone: +81-25-270-5005 Fax:+81-25-278-7100